



# Breath of Autumn

Friday, September 27th, 6 - 8 PM  
Breezeway Yoga Studio

Join us for an evening of exploration of the energetics of autumn through a led Qi Gong movement practice, acupuncture assisted meditation & sound bath!

Join us! Text or call 865-888-5342



Rebekah Knause,  
L. Ac, LMT,  
RYT



Jane Francis,  
B.M., B.M.E.



Shannon Menestrina,  
L. Ac,  
DACM, RYT



Cost is \$80 per person. Scan the QR code to sign up.



Breezeway Yoga Studio is located at 4830 Kingston Pike • Knoxville 37919